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Triathlon's Toughest Sport?
True Stories Told by Triathletes
Making Their Case for the Swim, the Bike, or the Run

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EDITED BY STALEY KRAUSE

Tri's Toughest Sport: True Stories Told by Triathletes
Making Their Case for the Swim, the Bike, or the Run

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Introduction

By Staley Krause

Triathletes are competitive folks, aren't they? If they're not trying to beat their own best times, they're trying to beat somebody else's. That's why I thought it would be fun to get a bunch of them together for a writing contest. And this wasn't going to be just any writing contest. It was going to be a crazy story-topping, contest designed to see who could, by virtue of telling the craziest story, prove once and for all which sport, the swim, the bike, or the run, is the toughest. I was amazed at how many stories came in and how absolutely insane some of them turned out to be. From a swimmer getting a terrible eye-infection from goose poop, to a biker riding an entire 56 miles barefoot, to lightning cold and injuries, these writer triathletes do not disappoint!

There are several ways to go about judging this contest yourself, as a reader of this anthology. One would be to count the number of stories that focus on the swim, the number that focus on the bike and the number that focus on the run! But that would be no fun. So, I'll add them up for you so you can sit back and read this collection of amazing stories about the sport of triathlon and decide for yourself, which truly is the toughest.

Swimming: *9 stories*

Biking: *5 stories*

Running: *10 stories*

Does this prove that running is the toughest? After all, the running story, written by Elaine Ryan was the overall winner. I'll leave it for you to decide. Read on!